

Disability and Physical Demands

The physical demands of the cosmetology and esthology profession are provided in the following link to better assure students are able to meet the physical demands of both training and employment. Douglas J Aveda Institute will make every effort to reasonably accommodate for disabilities.

Physical demands and safety requirements

It is extremely important that you are provided with all the facts about the physical requirements that your future career demands. The following is a list of physical demands you may encounter in the Salon and Spa Industry

- Body Position:** Estheticians are required to sit and lean forward while providing most services or stand and lean over for others. Long intervals of standing are required for cosmetologists. Massage therapists could be required to stand, walk, sit, and lean forward a majority of a typical day.
- Hands:** Your hands will need protection from chemicals and continuous exposure to water and cleansing agents. Hand care products are recommended for all service professionals.
- Back:** Minor back stress may be caused by long intervals of standing, sitting or leaning. Individuals use shoulders, arms, and hands constantly throughout the day. Please consult your physician or chiropractor if you have experienced back pain in the past.
- Chemicals:** You will be required to work with many different types of products and chemicals. If you currently have allergies or sensitivities to chemicals, please consult your physician with a list of chemicals you will be exposed to.
- Sanitation:** Communicable diseases can be easily transmitted from one individual to the next. Special attention must be paid to yourself and your client to avoid spreading any diseases.
- Trade Tools:** There are obvious hazards when working with sharp objects such as lancets, extractors, scissors, razors, clippers, etc. Caution must be used when handling any such item.
- General Safety:** On a daily basis, use caution and common sense to avoid entering into any of the following situations: chemical burns, cuts and abrasions, excessive heat from hair dryer, hot water, harmful vapors or fumes, injury to eyes, and physical injury resulting from spilling liquid.

Note: Douglas J Aveda Institute (the Institute) as written in this document refers to the following locations, unless otherwise stated:
Douglas J Aveda Institute Michigan Locations – Ann Arbor, East Lansing, Grand Rapids, Royal Oak
Douglas J Aveda Institute Tennessee Locations--Knoxville
Douglas J Aveda Institute Chicago